

# Medical Soldiers OUTLOOK

Vol. 18, No. 4

Army Medical Department Enlisted Training News



Winter 2001

## From the Top Crisis at the Pentagon

"I will never forget the loud crash of the plane hitting that building. Within seconds we could see the smoke trailing up from the site, and we knew what had happened." A short time later, the world would know what SPC Suzanne M. Jenkins, a behavioral health specialist at Fort Meyer, VA, already knew. A plane had crashed into the Pentagon. Yet, amidst the carnage, the true character of Army soldiers was clearly demonstrated.

The Old Guard Companies of Fort Meyer were the first units to arrive at the scene. They remained throughout the debris and remains removal process. The images that the soldiers saw cannot be reprinted. Most are too horrible and unimaginable. Perhaps it was fortunate that units of the Old Guard were the first on the scene. These units are involved in all formal missions in the Military District of Washington such as funeral services at Arlington Cemetery, White House duties, cordons for foreign dignitaries, parades, and ceremonies. It is a very high profile job and requires great discipline and physical stamina. Their training and discipline allowed them to remain focused on the task at hand despite unbelievable horrors. As one soldier commented, "the soldiers of the Old Guard are the best of the best. They were amazing in their strength, hard work, and dedication. The Old Guard soldiers showed the world that the United States Army is ready, able, and strong enough to do any mission, fight any battle, and destroy any threat that comes our way."

In addition to the Old Guard, personnel from Fort Myer and Fort Belvoir Department of Behavioral Health played a key role in the search and rescue and remains removal operation at the Pentagon. A mental health team was quickly assimilated and interacted with several organizations at the site. The first team members arrived on the scene within 7 minutes of the attack. The team interacted with Commanders, First Sergeants, Platoon Sergeants, and Squad leaders to identify soldiers who were at risk. Soldiers recognized the faces of the mental health team, having worked with members of the team in the past, and felt comfortable opening up about their experiences, feelings, and reactions. The team also used their medic training to monitor soldier hydration and identify injuries, bringing them to the attention of medical staff. The team interacted with soldiers on a one-on-one basis or at the squad level. This one-on-one interaction laid the groundwork

for soldiers to reach out for help once they started to process their experience.

The following day, the real work for the mental health team began. The heat, lack of sleep, and the horrors the soldiers were witnessing during the remains removal process were starting to get to them.

Most were still in good spirits, however, and they were quick to talk about what they had seen while inside and were thankful to have someone to talk with outside their unit. As one soldier said, in front of his buddies he had to maintain a strong front so as not to be judged weak. Sergeant Dominique S. White summed up the feelings of the mental health team members stating, "These brave soldiers went in and did their job with no complaints, ready and willing to help wherever they were needed. They deserve to be commended for a job well done!"

Whether it was passing out bottles of water and cold towels, providing crisis management therapy, or just helping the soldiers to feel "normal" again and boost morale — there is no doubt that the soldiers of the mental health team were critical to the success of the search, rescue, and remains removal operation at the Pentagon. The Old Guard and Mental Health Teams stood tall in the face of this horrific event and demonstrated to the world that soldiers will answer the call to duty whenever and wherever needed, and do whatever is necessary to accomplish the mission.



**James M. Aplin**  
CSM, USAMEDCOM

### Looking for information on the Combat Lifesaver Program?

Check the Combat Lifesaver web site, that now has version D, at [www.cs.amedd.army.mil/clsp](http://www.cs.amedd.army.mil/clsp) or the new phone number to contact: Don Atkerson at DSN 471-6974, (210) 221-6974, or e-mail [don.atkerson@cen.amedd.army.mil](mailto:don.atkerson@cen.amedd.army.mil).

**Reserve Component training checklist**

More than 5,000 Reserve Component soldiers annually attend MOS producing courses at Fort Sam Houston, TX. Some of these soldiers report with situations that create a hardship and may cause the student's performance to suffer because of inability to focus on training. Many of these situations could be prevented if the soldier's chain of command would ensure that:

- All course prerequisites (as stated in ATRRS) are met, to include time-in-service requirement.
- The height and weight requirements per AR 600-9 are met.
- Passed a valid APFT within the last 30-60 days.
- Complete issue of properly fitted uniforms, to include Class A and Physical Fitness Uniform.
- He/she arrives with Personnel, Medical, and Dental records.
- Valid orders in hand to cover entire training period or until end of FY (whichever comes first).

Soldiers need to ensure that they:

- Possess documents pertaining to dependents (Birth Certificates, Marriage License, or others).
- Can sustain themselves financially for at least 2 weeks.
- Understand they will be in a controlled training environment.
- Aware of the length of training as outlined in ATRRS.

Verifying that soldiers meet the above criteria will facilitate course enrollment and minimize problems that could surface while at Fort Sam Houston. For questions pertaining to Reserve Component enlisted soldiers training at Fort Sam Houston, TX, **contact:** MSG Jose Torres at (210) 221-4864 or e-mail [jose.torres@cen.amedd.army.mil](mailto:jose.torres@cen.amedd.army.mil).

**Alcohol and drug training available**

The Department of Preventive Health Services, Alcohol and Drug Training Section (ADTS), has FY02 courses available to help soldiers improve their counseling skills. The ATRRS web site to verify class dates is [www.atrrs.army.mil/](http://www.atrrs.army.mil/). Course, number, and dates are:

| Course           | Number         | Dates            | Cut Off Dates |
|------------------|----------------|------------------|---------------|
| ADAPCP Mgt       | 5H-F6/302-F6   | 07-11 Jan 02     | 16 Nov 01     |
| Indiv Counseling | 5H-F4/302-F4   | 28 Jan-08 Feb 02 | 14 Dec 01     |
| Adv Counseling   | 5H-F10/302-F10 | 18-22 Mar 02     | 01 Feb 02     |

**Contact:** Cindy Garcia, DSN 471-6736, (210) 221-6736, FAX xxx-471-6354, e-mail [lucinda.garcia@cen.amedd.army.mil](mailto:lucinda.garcia@cen.amedd.army.mil) or MAJ Ross, Chief, ADTS, at DSN 471-6169, (210) 221-6169, or [walter.ross@cen.amedd.army.mil](mailto:walter.ross@cen.amedd.army.mil).

**The 91W Transition**

For information on the 91W Transition, the removal of ASI Y2 or ASI M6, access the 91W web page at <http://www.cs.amedd.army.mil/91W>. Hudson C. Booker is the analyst in support of the 91W Transition at the PERSCOM Health Services Branch. If you have any questions or require more information, **contact** him at DSN 221-3064 or (703) 325-3064.

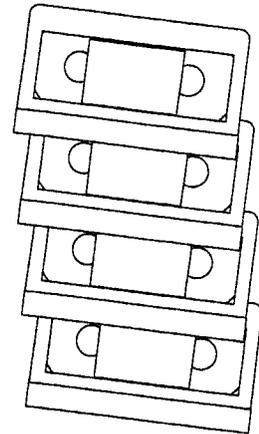
OUTLOOK is published by the U.S. Army Medical Department Center & School. Articles are intended for the AMEDD enlisted soldier and can be submitted to: Academy of Health Sciences, MCCS HSA Outlook, 2250 Stanley Road Ste 250, Fort Sam Houston, TX 78234-6150. Questions can be directed to the Editor at DSN 471-7326. 13,000 copies of the newsletter are distributed through official channels.

Use of funds for printing OUTLOOK was approved 25 May 1984 by Commander, Health Services Command, IAW AR 25-30. The views and opinions expressed are not necessarily those of the Army or of the AMEDDC&S.  
 Commander: MG Kevin C. Kiley  
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### AMEDD videotapes available

The following videotapes are available for use in your unit training through the Internet at <http://dodimagery.afis.osd.mil> where you can place your order. They are also available at your supporting Training Support Center or Visual Information Support Center. This list contains the production identification number, title, and running time:

- 710009 Administer First Aid or Treatment to Chemical Agent Casualties, 17:10
- 711495 Witness the Evil, 34:48
- 710003 Treat for Shock, 4:16
- 710145 Safe Medication Administration, 13:47
- 709994 Recognize and Treat Cold Injuries, 12:12
- 710560 Manage a Traumatic Amputation, 7:06
- 710688 Forward Surgical Team – Operations, 13:50
- 710689 Forward Surgical Team Command Overview, 10:47
- 710889 Combat Casualty Care, 12:15
- 711134 Depleted Uranium Training for CCEP Health Care Providers, PT 1, 61:21
- 711135 Depleted Uranium Training for CCEP Health Care Providers, PT 2, 54:35



For USAMEDCOM personnel needing information on specific medical videotapes, access our web page at [www.cs.amedd.army.mil](http://www.cs.amedd.army.mil) or **contact:** AMEDDC&S Health Sciences Visual Information Division, DSN 471-3111 or (210) 221-3111.

### 91X Mental Health Specialist Training Update

As part of the transformation portion of the Army Vision, starting 1 October 2001, 91W replaces 91B as the Army Medical Department's primary training for medics. This change has a ripple effect on a number of MOSs who relied on 91B as the prerequisite for their training. One of these courses, the 91X Mental Health Specialist, has made adjustments to meet the training requirement while keeping the specialty current with the needs of the Army.

The MOS 91X Mental Health Specialists are not required to be proficient in the trauma skills necessary for 91W. The Army needs Mental Health Specialists who have basic medical skills in order to provide mental health care. Since the 10-week 91B course will no longer be available to train these basic skills, the 91X course will add 4 weeks of general medical orientation to its current 19-week course. Most soldiers will come from basic training directly to the course at the AMEDDC&S. Basic medical skills and CPR training are provided during the first 2 weeks of the course, followed by instructions on techniques of mental health care at Skill Level 1. The last part of the course involves a 4-week directed clinical practicum at hospitals in the San Antonio area where students obtain experience in mental health care techniques and medical support.

The new course maintains the same critical objectives while integrating basic medical skills into the training. This approach reduces previous training time by 6 weeks while producing highly qualified mental health support specialists for Combat Stress Control Teams, Division Mental Health Sections, and Medical Treatment Facilities. **Contact:** LTC Kusek, Chief, Mental Health Specialist Branch, Department of Preventive Health Services, DSN 471-6139 or (210) 221-6139.

### AMEDD Lessons Learned/Enterprise Consultancy

Army Medical Department Lessons Learned has added two new features to the web site. A Combat Lifesaver Resource Center and a Military Operations on Urbanized Terrain Resource Center for Combat Medics is available at <http://lessonslearned.amedd.army.mil>. The AMEDD now has an organization of worldwide consultants who can help you with problems you haven't been able to fix. Any service member can access their web at <http://enterpriseconsultancy.cs.amedd.army.mil>. If you do not have web site access, call DSN 471-6920 or (210) 221-6920.

## Professional Postgraduate Short Course Program FY02 Proposed Courses

| Course Title                                  | BR | Crs Number   | Dates           | Location        | Proj Off            | DSN      |
|---|----|--------------|-----------------|-----------------|---------------------|----------|
| <b>Primary Enlisted Corps Short Crs</b>       |    |              |                 |                 |                     |          |
| 75/71 Pers/Retention/Legal/EO Short Crs       | EN | 300-A0704    | 4-7 Feb 02      | San Antonio, TX | SGM Ray             | 471-6210 |
| Vet NCO Short Crs 91R/91T                     | EN | 300-A0709    | 18-22 Mar 02    | Lackland AFB    | SFC Gilmore         | 471-6523 |
| Sr Dental NCO Short Crs                       | EN | 300-A0707    | 22-26 Apr 02    | San Antonio, TX | SGM Spadaro         | 471-6528 |
| Surg Support NCO Short Crs                    | EN | 300-A0708    | 10-13 Jun 02    | San Antonio, TX | MSG Lemke           | 471-4422 |
| 91X/71M NCO Short Crs                         | EN | 300-A0720    | 14-19 Aug 02    | San Antonio, TX | SFC Newbery         | 471-8610 |
| CSM/SGM/SR/NCO Short Crs (Eur)                | EN | 340-A0743    | 19-22 Aug 02    | Germany         | CSM Otero           | 371-2500 |
| <b>Enlisted Corps Quotas in Other Courses</b> |    |              |                 |                 |                     |          |
| Adv Nutr Spt in Force Health Protection       | SP | 6H-300/A0630 | 28 Jan-1 Feb 02 | San Antonio, TX | LTC Holje           | 471-3376 |
| Army Med Evac Crs                             | MS | 6H-300-A0437 | 21-25 Feb 02    | San Antonio, TX | LTC Montagno        | 558-1170 |
| Med Lab Sciences (TRI-SVC)                    | MS | 6H-300/A0412 | 07-11 Apr 02    | Houston, TX     | SFC Clayburn        | 471-8158 |
| 10th Annual Field Med Short Crs               | AN | 6E-300/A0502 | 5-7 Apr 02      | Fort Bragg, NC  | COL Taylor          | 236-8185 |
| Joint Field Nutr Ops Crs                      | SP | 6H-300/A0619 | 2-10 May 02     | Camp Bullis, TX | MAJ Wheeler         | 471-3284 |
| Mgt of Combat Stress Casualties               | SP | 6H-300/A0620 | 13-24 May 02    | Camp Bullis, TX | MAJ Harrison-Weaver | 471-5324 |
| Hosp Educators Crs                            | AN | 6E-300/A0526 | 29 Jul-3 Aug 02 | San Antonio, TX | COL Harris          | 471-8231 |
| Strategic Issues Symposium (Exec Ldrs)        | AN | 6E-300/A0504 | TBD             | Washington, DC  | LTC Forster         | 471-6659 |

Request for attendance **MUST** be sent NLT 60 days before the start date of requested course. **Active Component** soldiers apply by submitting DA Form 3838 to: DEPT OF HEALTH ED & TNG, ATTN MCCS HEL, CDR AMEDDC&S, 1750 GREELEY RD STE 205, FT SAM HOUSTON TX 78234-5075. FAX DSN 471-2832 or (210) 221-2832. **Army National Guard** soldiers apply on National Guard Bureau (NGB) Form 64, or contact MSG Eisenbart, NGB Surgeon's Office at DSN 327-7145, (703) 607-7145, FAX (703) 607-7187, or e-mail [richard.eisenbart@ngb-arng.ngb.army.mil](mailto:richard.eisenbart@ngb-arng.ngb.army.mil). **Army Reserve** soldiers apply through unit training channels on DA Form 1058 to: ARPERSCOM, ATTN ARPC HS OPS MR KOSITZKE, 1 RESERVE WAY, ST LOUIS MO 63132-5200. Phone (314) 592-0444, 1-800-325-4729 option 7, FAX (314) 592-0433, or e-mail [donald.kositzke@arpstl.army.mil](mailto:donald.kositzke@arpstl.army.mil). **Contact:** Project Officer or AMEDDC&S Program Manager, DSN 471-0144, (210) 221-0144, FAX DSN 471-2832, (210) 221-2832, or e-mail [dale.turner@cen.amedd.army.mil](mailto:dale.turner@cen.amedd.army.mil).

## The Army School System (TASS) Regions Accredited

The AMEDD Center and School granted 3-year accreditation status to the following medical training battalions in TASS, effective 1 Oct 01.

| Region | Battalion                       | Headquarters                                      | Courses   | States Served                    |
|--------|---------------------------------|---|---|----------------------------------|
| C      | 10th BN<br>PN Det               | Jacksonville, FL<br>Jacksonville, FL              | 91B10, 91C10, 91E10,<br>BNCOC Ph 2, ANCOG Ph 2  | FL, GA, NC,<br>SC                |
| F      | 10th BN<br>PN Det<br>3457th MTC | Houston, TX<br>San Antonio, TX<br>San Antonio, TX | 91B10, 91C10, 91D10, 91E10<br>BNCOC Ph 2, BNCOC Ph 4<br>(91B, 91J, 91K, 91M) ANCOG Ph 2 | TX, OK, AR,<br>LA, NM, KS,<br>MO |

TASS Regions A and D will be evaluated for renewal of accreditation during FY02. **Contact:** TASS Training Evaluators, LTC Ruppert at DSN 471-6497, (210) 221-6497 or SFC Trepkowski at DSN 471-8040, (210) 221-8040.